

Bootle Drop-In Service is available  
Monday & Tuesday  
9.30 to 1pm  
and

Wednesday 1.30 to 4pm  
166 Knowsley Road, Bootle, L20 4NR

Southport Drop-In Service is available  
Thursday 9.30 to 12 noon

At

Linaker Children's Centre  
Sefton Street, Southport, PR8 5DB

To find out more about more about  
the services SWACA offer,  
or to download a referral form,  
please go to our website  
[www.swaca.com](http://www.swaca.com)

**swaca**

166 Knowsley Road  
Bootle  
Liverpool L20 4NR  
0151 922 8606  
[info@swaca.com](mailto:info@swaca.com)

# swaca

## Adult Services



SWACA is committed to safeguarding  
children, young people and  
vulnerable adults

Registered Charity No: 1066878

Company Registration No: 3448301

## How we can help

SWACA Caseworkers provide a safe place for women to talk about her worries and concerns she may have, relating to her experiences of Domestic Abuse.

These may include understanding the situation and the impact, issues of safety and fears for themselves and others, their own feelings and emotions such as self-blame, guilt etc.

Women can refer themselves or be referred by another agency, friend, family member etc., providing the referrer has gained the consent of the woman first.

Women can be supported in either one to one or group sessions, delivered in the community, children's centres

## How we do it

- Women are encouraged to identify the priorities of need via developing a personal plan.
- Caseworkers help women to identify their support networks.
- Women will be signposted when appropriate and Caseworkers will liaise with other agencies.
- Women are supported in understanding other agencies responses.
- Caseworkers ensure that every woman has a safety plan which is reviewed with the woman on a regular basis.
- SWACA promotes confidence, independence, self-esteem and empowerment.
- Caseworkers help women to identify options available and support to explore these.
- Support is offered around parenting issues.
- Women are supported in understanding court processes, both civil and criminal.
- Solicitors surgeries are available.
- By providing emotional support in order for women to deal with the current and/or historical issues around domestic abuse.