

swaca

Children's Services

To find out more about more about
the services SWACA offer,
or to download a referral form,
please go to our website

www.swaca.com

swaca

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SWACA is committed to safeguarding
children, young people and
vulnerable adults

Registered Charity No: 1066878

Company Registration No: 3448301

How we can help

SWACA Children's Workers provide a safe place for children to talk about worries and concerns they may have, relating to their experiences of Domestic Abuse.

These may include confusion, safety fears (for themselves and others), responsibility for the abuse, torn loyalties, separation, shame etc.

SWACA Children's Workers can be asked to be involved by mums, dads, schools, GPs, Social Workersanyone. Children/young people are supported on a one-to-one basis and can receive support for as long as it's needed.

Sessions can be delivered in schools, children's centres and out office wherever the child/young person feels most comfortable.

How we do it

- Help a child/young person make sense of their current situation i.e. current living arrangements, current agencies involved
- Offer children/young people space to explore and understand their emotions
- Advocate on a child/young person's behalf in a variety of settings i.e. court, planning meetings etc.
- Support children/young people in identifying fears and worries
- Support children/young people in developing their own safety plan
- Help a child/young person make sense of their current or past situation
- Support children/young people in exploring relationships with family members, peers and important people in their lives
- Support children/young people in identifying and developing their own support network
- Support children/young people to explore issues in relation to building confidence and self-worth
- Help children/young people develop healthy coping strategies
- Support children/young people in identifying changes they would like to see happen